


# 30-DAY De-clutter Challenge



<b>1</b> <b>Mail &amp; Paperwork</b> Sort out junk mails, receipts, cards, letters etc.	<b>2</b> <b>TV Room</b> Go through movie collections, old CDs and items in cabinets	<b>3</b> <b>Kitchen</b> Go through kitchen items, clean & organize utensils	<b>4</b> <b>Purses &amp; Bags</b> Empty all bags, purses and luggage to sort out belongings	<b>5</b> <b>Medicine Cabinet</b> Go through expired products and organize
<b>6</b> <b>Closet &amp; Entryway</b> Go through belongings and clutter in the entryway	<b>7</b> <b>Bathroom</b> Sort out products, towels and empty cabinets	<b>8</b> <b>Shoes</b> Clean and sort out old, used and repairable shoes	<b>9</b> <b>Books &amp; Magazines</b> Sort out old books, donate magazines and keep personal reads	<b>10</b> <b>Extra Accessories</b> Sort out visible items on furniture and tables
<b>11</b> <b>Clothes</b> Organize clothing and sort out for cleaning, donation or trash	<b>12</b> <b>Makeup &amp; Toiletries</b> Go through expired products and organize	<b>13</b> <b>Clothes 2</b> Organize clothing and sort out for cleaning, donation or trash	<b>14</b> <b>Garage</b> Go through stored products and clutter	<b>15</b> <b>Storytime</b> Gather round a keepsake pile to share stories about belongings
<b>16</b> <b>Photos &amp; Albums</b> Sort out photos and albums	<b>17</b> <b>Office &amp; Desk</b> Sort out items and paperwork from desks and files	<b>18</b> <b>Dresser &amp; Nightstand</b> Clear off the nightstands and items in dresser	<b>19</b> <b>Basement or Attic</b> Organize items and sort out for donation, trash or cleaning	<b>20</b> <b>Basement or Attic</b> Organize items and sort out for donation, trash or cleaning
<b>21</b> <b>Laundry</b> Go through stored products and clutter	<b>22</b> <b>Outdoor Porch</b> Go through belongings and clutter on the porch and garden	<b>23</b> <b>Drawers</b> Empty all drawers and sort out for cleaning, donation or trash	<b>24</b> <b>Jewelry &amp; Accessories</b> Go through items together for sorting	<b>25</b> <b>Dining Area</b> Organize items and sort out for donation, trash or cleaning
<b>26</b> <b>Storytime</b> Gather round a keepsake pile to share stories about belongings	<b>27</b> <b>Additional Rooms</b> Go through additional rooms for downsizing	<b>28</b> <b>Fridge</b> Clean out the fridge and discards expired products	<b>29</b> <b>Clean</b> Clean the house and organize boxes	<b>30</b> <b>De-brief</b> Re-state purpose for each items that will donated, kept or trashed

"But when we really delve into the reasons for why we can't let something go, there are only two: an attachment to the past or a fear for the future."

- Marie Kondo