

Bathroom Safety Checklist for The Elderly



SHOWER

SAFETY CHECKLIST

- ☐ GRAB BARS
- ☐ TUB BENCHES OR SHOWER CHAIRS
- ☐ NON-SLIP MAT

TOILET

SAFETY CHECKLIST

- ☐ TOILET SEAT RAISER
- ☐ TOILET-PAPER HOLDER WITHIN REACH
- ☐ NON-SLIP RUGS

BATHROOM

SAFETY CHECKLIST

- ☐ CLEAR THE CLUTTER
- ☐ INSTALL NIGHT LIGHTS
- ☐ INSTALL ITEMS & RACKS WITHIN REACH