

Guide to Preparing a Welcoming Bedroom for Elderly Parents

01

TALLER BED

25-36 inches is the ideal height for a bed for elderly parents, ensuring they can easily get in and out of bed without extra effort.

02

SLIP-RESISTANT FLOOR

Install a slip-resistant floor such as hardwood flooring or made from cork or rubber, to avoid any incidents.

03

CHERISHED SOUVENIRS

Decorate their bedroom with memories that spark joy such as photographs, favorite objects, books and furniture.

04

LIGHTING SYSTEM

Appropriate lighting system in your elderly parent's room is important, so they can find their things easily without help.

05

SUITABLE HANDLES

Door knobs, closet handles and windows should be equipped with comfortable handles for them to use without effort.